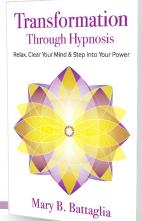
# **Achieve Academic Success!**

Create Your Leadership Mindset for Retention, Engagement and Awareness



Mary Beth Battaglia is a Certified Clinical Practitioner and a Medical Hypnotherapy and Sound Healing expert, with over 500 hours of combined training from the Hypnotherapy Academy of America. Mary Beth offers students a tool belt of skills to maintain their balance and keep calm while improving their grades and reducing test taking anxiety.

Her self-esteem and confidence building presentations improve leadership capabilities and set the course for engagement and retention. Mary Beth is taking Clinical Hypnotherapy mainstream, creating a welcoming environment for student success. Mary Beth's book, *Transformation Through Hypnosis*, is available on Amazon.com.



# **Speaking Topics:**

# Test Taking Techniques Increase Your Retention and Reduce Test-Related Stress.

#### **Learn to Refocus**

Step-by-Step Formula for Rearranging and Empowering Your Thought Processes.

#### **Grow Your Self Esteem**

Build Your Confidence by Creating Your Leadership Mindset.

## As Seen On:







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